

LUNCH SPECIAL

JAPANESE LUNCH BOX

(Served w. Miso Soup, Ginger Salad, California Roll, Pot Stickers & Rice)

Teriyaki Chicken	13
Teriyaki Beef	15
Teriyaki Salmon	13
Teriyaki Shrimp	13
Teriyaki Tofu & Veg.	13
Shrimp & Veg. Tempura	13
Beef Negimaki	15

PLATTER FROM SUSHI BAR

(Served w. Miso Soup or Ginger Salad)

Sushi Lunch	15
<i>6 pcs Sushi and a California Roll</i>	
Sashimi Lunch	16
<i>12 pcs Sashimi of Chef's Selection</i>	
Sushi & Sashimi Lunch	16
<i>3 pcs Sushi, 6 pcs Sashimi and a Spicy Tuna Roll</i>	
Chirashi Sushi	17
<i>Assorted Chef's Selection Sashimi over Sushi Rice</i>	

KITCHEN ENTRÉE

(Served with Miso Soup or Chicken Hot & Sour or Tom Yum Soup and White or Brown Rice)

Sesame Chicken	10.75	Spicy Mango Chicken	10.75 / 11.75
White Meat		or Shrimp	
General Tso's Chicken	10.75	<i>Fresh Mango, Bell Pepper, Thai Herb Mango Sauce</i>	
BROCCOLI SOY GINGER SAUCE	9.75	WOK BASIL	
Chicken or Beef	10.75	Chicken or Beef	10.75
Shrimp or Scallop	11.75	Shrimp	11.75
BLACK BEAN SAUCE		THAI CURRY SAUCE	
Vegetable	9.75	Vegetable	9.75
Chicken or Beef	10.75	Chicken or Beef	10.75
Shrimp	11.75	Shrimp	11.75
JAPANESE EGGPLANT GARLIC SAUCE	9.75	PAD THAI NOODLE	
Chicken or Beef	10.75	Vegetable	9.75
Shrimp	11.75	Chicken or Beef	10.75
WOK GLAZED GINGER		Shrimp	11.75
Vegetable	9.75	THAI HERB SAUCE LONG BEAN, EGGPLANT & TOFU	9.75
Chicken or Beef	10.75	Chicken or Beef	10.75
Shrimp	11.75	Shrimp	11.75

ANY TWO ROLLS \$11 ANY THREE ROLLS \$14

(Served with Miso Soup and Ginger Salad)

Tuna Roll	Sweet Potato Tempura Roll
Salmon Roll	California Roll
Yellowtail Scallion Roll	Spicy Crab Salad Roll
Tuna Avocado Roll	Philadelphia Roll
Salmon Avocado Roll	Eel Avocado Roll
Tuna Cucumber Roll	Eel Cucumber Roll
Salmon Cucumber Roll	Spicy Crunchy Tuna Roll
Spicy Crispy Salmon Skin Roll	Spicy Crunchy Salmon Roll
Shrimp Tempura Roll	
Cucumber Roll	
Avocado Roll	
Avocado Cucumber Roll	
Veggie Roll	
Shitake Avocado Roll	



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The New York Times

"EXCELLENT"
ZAGAT

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TENGDA ASIAN BISTRO IS #1

TEL: 914-232-3900

**286 KATONAH AVE.,
KATONAH, NY 10536**

(KATONAH SHOPPING CENTER)

MONDAY CLOSED

TUESDAY-THURSDAY

LUNCH: 11:00AM - 03:00PM

DINNER: 04:30PM - 10:00PM

FRIDAY

LUNCH: 11:00AM - 03:00PM

DINNER: 04:30PM - 10:30PM

SATURDAY

LUNCH: 11:30AM - 03:00PM

DINNER: 04:30PM - 10:30PM

SUNDAY

12:00PM - 09:30PM



SALAD

Green Salad <i>Homemade Ginger Dressing</i>	5.5	Vietnamese Salad 🍴 <i>Napa, Mango, Jicama, Crispy Vermicelli</i>	9
Japanese Seaweed Salad	7	Spicy Crunchy Tuna & Avocado Salad 🍴	10
Avocado Salad <i>Green Peppercorn Vinaigrette, Tempura Red Onion</i>	8	Spicy Crunchy Salmon & Avocado Salad 🍴	10
Crispy Calamari Salad 🍴 <i>Roasted Garlic, Thai Chili Sauce</i>	10	Peppered Tuna & Avocado Salad <i>Wasabi Yuzu Dressing</i>	13
Spicy Crunchy Seafood Salad 🍴 <i>Shrimp, Salmon, Octopus, Crab, Spicy Japanese Aoli</i>	10	Peppered Salmon & Avocado Salad <i>Wasabi Yuzu Dressing</i>	13
Octopus Salad	7		

SUSHI BAR APPETIZER

Sashimi (7 pcs)	10	Octopus Carpaccio <i>Jalapeno, Onion and Salmon Caviar, Served w. Chef's Special Sauce</i>	12
Sushi (5 pcs)	11	Crispy Rice <i>Spicy Tuna on top of crispy sushi rice, served w. Chef's Special Sauce</i>	12
Triple Sashimi <i>Tuna, Salmon & Yellowtail 3 pieces each</i>	12	Crunchy Crunchy <i>Spicy Tuna OR Spicy Salmon OR Spicy Crab Salad and Guacamole on Asian Crispy Rice Cake served with Honey</i>	10
Tuna Tower <i>Roasted Pine Nuts, Cilantro, Wonton Crisps</i>	16	Peppered Salmon Carpaccio <i>Spicy Crab Salad wrapped w. Peppered Salmon, Spicy Yuzu Dressing</i>	12
Yellowtail Jalapeno <i>Cilantro, Yuzu Dressing, Chili Sauce</i>	15	Tengda Pizza <i>Tuna, Salmon and Yellowtail on Scallion Pancake</i>	15
Tengda Tartar <i>Spicy Crunchy Tuna or Salmon, Guacamole, Balsamic Vinegar</i>	15		
Peppered Tuna Tataki <i>Served w. Ponzu Dressing, Scallion and Caviar</i>	12		



KITCHEN APPETIZER

Edamame <i>Young soy bean served hot</i>	5.5	Steamed Veg. Dumpling	7
Homemade Chicken Spring Roll 🍴 <i>Roasted Garlic, Thai Chili Sauce</i>	3	Pan Fried Gyoza <i>Pan Fried Pork & Vegetable Dumpling</i>	7
Shrimp & Veg. Tempura	10	Shrimp Shumai <i>Steamed Shrimp Dumpling</i>	7
Curry Glazed Rock Shrimp 🍴 <i>Coconut Juice and Daikon</i>	12	Thai Chicken Lettuce Wrap 🍴 <i>Diced Chicken, Bell Pepper, Jicama, Spicy Thai Hoisin Sauce</i>	12
Grilled Boneless Short Rib <i>Roasted Sweet Potato and Spicy Tangerine Miso Glaze</i>	12	Cold Sesame Noodle <i>Chef's Special Sesame Peanut Sauce</i>	6
Steamed Bun w. Roasted Duck	12	Honey Baby Back Ribs <i>Marinated Baby Back Ribs with Honey Barbeque Sauce</i>	12
Vegetable Spring Roll	7	Agedashi Tofu <i>Japanese Fried Tofu Served w. Grated Daikon Radish and Tempura Sauce</i>	5.5
Soft Shell Crab <i>Mango Salsa OR Garlic Style</i>	10	Indian Pancake <i>Served w. Curry Sauce</i>	5.5
Homemade Pork & Veg Dumpling <i>Balsamic Vinegar Sauce and Shitake Mushroom</i>	10		

SOUP

Miso Soup <i>Seaweed, Tofu, Scallion & Enoki mushroom</i>	3	Chicken Corn Soup	4
Chicken Hot & Sour Soup 🍴	4	House Special Soup <i>(For 2) Chicken, shrimp, scallop & vegetable</i>	8
Lemongrass Coconut Chicken Soup <i>Kaffir Lime Leaf, Asparagus & Shitake Mushroom</i>	5	Tom Yum Shrimp Soup 🍴	5

SUSHI SASHIMI A LA CARTE

RAW		COOKED	
Tuna (Maguro)	3.25	Mackerel (Saba)	2.75
Salmon (Sake)	3.25	Surf Clam (Hokkigai)	2.75
Yellowtail (Hamachi)	3.25	Salmon Roe (Ikura)	3.5
Fluke (Hirame)	2.75	Flying Fish Roe (Tobiko)	3.25
Striped Bass (Suzuki)	2.75	Smelt Fish Roe (Masago)	3
White Tuna	3	Sea Urchin	M/P
Yellowtail Belly	4.25	Fatty Tuna (Toro)	M/P
Scallop (Hotatte)	3.25	Jumbo Sweet Shrimp (Botan Ebi)	5.5
Squid (Ika)	2.75	Salmon Belly	4
Egg Omelet (Tamago)	2.5	Octopus (Tako)	3
Crab Stick (Kani)	2.5	Fresh Water Eel (Unagi)	3
Cooked Shrimp (Ebi)	2.75	Alaska King Crab	8
Smoke Salmon	3.25	Bean Curb (Inari)	2



SUSHI BAR ENTREES

(Served with Miso Soup or Salad) (No Substitutions)

Roll Platter <i>Tuna, Yellowtail & California Roll</i>	16	Chirashi Sushi <i>Assorted Sashimi of Chef's selection on a bed of seasoned sushi rice</i>	22
Spicy Roll Platter <i>Spicy Tuna, Spicy California & Spicy Salmon Avocado Roll</i>	18	House Sashimi <i>15 pieces of assorted Sashimi from Chef's selection</i>	22
Sushi A <i>7 pieces Sushi with a California Roll</i>	22	Imperial Sashimi <i>20 pieces of assorted Sashimi from Chef's selection</i>	27
Sushi B <i>9 pieces Sushi with a Tuna Roll</i>	25	TENGDA's Platter A (For 1) <i>9 pieces of Sashimi, 4 pieces of Sushi & Spicy Crab Salad Roll</i>	27
Sushi C <i>11 pieces Sushi w. a Spicy Tuna Roll</i>	28	TENGDA's Platter B (For 2) <i>12 pieces of Sashimi, 6 pieces of Sushi, Spicy Tuna Roll, California Roll & Eel Avocado Roll</i>	48
Sushi For 2 <i>16 pieces Sushi with a California Roll & Green Dragon Roll</i>	50	TENGDA's Platter C (For 3) <i>15 pieces of Sashimi, 10 pieces of Sushi, Green Dragon Roll & Dynamite Roll</i>	70
Una Don <i>Broiled Eel Sashimi glazed w. our special tangy sauce over sushi rice</i>	20	TENGDA's Platter D (For 4) <i>28 pieces of Sashimi, 16 pieces of Sushi, Diamond Roll, Black Dragon Roll & Deluxe Alaska Roll</i>	110
Tekka Don <i>Sliced tuna over seasoned sushi rice</i>	20		
Salmon Don <i>Sliced Salmon over seasoned sushi rice</i>	20		

ROLL OR HAND ROLL

Cucumber Roll	3.5	Shrimp Avocado Roll	6
Peanut Avocado Roll	4.5	Shrimp Cucumber Roll	6
Asparagus Roll	3.5	Shrimp Asparagus Roll	6
Avocado Roll	4	Spicy Crunchy Tuna Roll	7
Vegetable Roll	5	Spicy Crunchy Salmon Roll	7
Sweet Potato Tempura Roll	4.5	Spicy Crunchy Yellowtail Roll	7
California Roll	6	Shrimp Tempura Roll	8
Shitake Avocado Roll	5	Peppered Salmon Avocado Roll	8
Spicy Crispy Salmon Skin Roll	5	Spicy Scallop Roll	8.5
Philadelphia Roll	6.5	Spicy Rock Shrimp Avocado Roll	9
Spicy Crab Salad Roll	5.5	Blackened Tuna Roll	9
Yellowtail Scallion Roll	5.5	Toro Scallion Roll	M/P
Eel Avocado Roll	6.5	Spider Roll	12
Eel Cucumber Roll	6.5	Rainbow Roll (Roll Only)	12
Futomaki Roll	6	Green Dragon Roll (Roll Only)	12
Tuna Avocado Roll	6	White Fish tempura Roll (Roll Only)	12
Tuna Cucumber Roll	6	Alaska King Crab Roll	15
Salmon Avocado Roll	6		
Salmon Cucumber Roll	6		



POKE BOWL

Served with Avocado, Seaweed Salad, Edamame, Mango, Japanese Pickled Squash over Sushi Rice, (Brown Rice OR Salad upon request)

Tengda Poke Bowl	20
<i>Fresh Tuna and Salmon, Crabmeat</i>	
Spicy Poke Bowl	20
<i>Spicy Tuna and Spicy Crabmeat</i>	
Veggie Poke Bowl	17
<i>Beef and Tofu</i>	



CONSUMER ADVISORY

Thoroughly cooking foods of animal origin such as fish, or shellfish reduces the risk of foodborne illness. Individuals with certain health conditions may be at higher risk if these foods are consumed raw or undercooked. Consult your physician or public health official for further information.

All pictures shown are for illustration purposes only

If You Have a Food Allergy,
Please Speak to the Owner, Manager, Chef or Your Server

HOUSE SPECIAL ROLL

Caterpillar Roll	13	Tiger Roll	16
<i>Spicy Crunchy Tuna and Spicy Salmon topped w. Avocado & Tobiko</i>		<i>Alaska King Crab, Spicy Crunchy Tuna & Avocado wrapped w. Special Seaweed served w. Balsamic Sauce</i>	
Black Dragon Roll	15	Out Of Control Roll	16
<i>Shrimp Tempura & Cucumber topped w. Eel, Avocado & Black Tobiko</i>		<i>Shrimp Tempura & Cucumber topped w. Spicy Crunchy Scallop & Mango served w. Chef's Special Mango Salsa Sauce</i>	
Dynamite Roll	15	Tengda Naruto Roll	15
<i>Spicy Yellowtail & Tuna topped with Spicy Crunchy Crab Meat</i>		<i>(No Rice) Tuna, Salmon, Yellowtail, Crab Meat & Avocado wrapped with Thin Sliced Cucumber served with Ponzu Sauce</i>	
Deluxe Rainbow Roll	15	Angry Dragon Roll	18
<i>Tuna, Yellowtail, Tobiko, Asparagus & Scallion, topped with Assorted Raw Fish</i>		<i>Spicy Tuna, Shrimp Tempura & Papaya wrapped with Soy Paper, topped with Spicy Crab Meat, served with Chef's Special Sauce</i>	
Post Roll	18	Amazing Tuna Roll	16
<i>Spicy Crunchy Salmon, Fresh Mango topped with Blackened Tuna, Eel, Avocado & Tobiko</i>		<i>Spicy Tuna, White Tuna Tempura, & Avocado inside, topped with Blackened Tuna, Scallion & Tobiko, served with Chef's Special Sauce</i>	
Magical Roll	18	Lobster Lover Roll	16
<i>Spicy Crunchy Tuna & Cucumber topped w. Smoke Eel, Shrimp, Avocado, Tobiko & Scallion</i>		<i>Lobster Tempura and Mango inside, topped w. Lobster Salad</i>	
Deluxe Cajun Roll	18	Memorial Roll	16
<i>Cajun Rock Shrimp & Avocado topped with Spicy Tuna, Japanese Seasoning & Spicy Wasabi Aioli</i>		<i>Shrimp Tempura, Spicy Tuna inside, topped w. Spicy Crab Salad & Eel Sauce</i>	
Tuna Lover's Roll	15	Kamikaze Roll	17
<i>Tuna & Avocado topped with Spicy Crunchy Tuna</i>		<i>Shrimp Tempura & Spicy Salmon inside, topped w. Fresh Tuna & Broiled Eel, served w. Eel Sauce</i>	
Red Dragon Roll	15	Lobster Naruto	17
<i>Shrimp Tempura & Cucumber topped with Spicy Crunchy Tuna, Masago & Green Onion served Eel Sauce</i>		<i>Lobster Tempura, Crabmeat & Avocado w. Cucumber Wrap, served w. Chef's Special Sauce</i>	
Deluxe Alaska Roll	15	Tsunami Roll	18
<i>Spicy Crunchy Salmon & Avocado topped with Salmon served with Spicy Mayo & Wasabi Mayo</i>		<i>Tuna, Salmon, Yellowtail and Asparagus inside, topped w. Tuna, Salmon, Yellowtail and Rice Crackers, Slightly Seared, served w. Sweet Chili Mango Sauce</i>	
Thanksgiving Roll	15	Antman Roll	15
<i>(No Rice) Spicy Crunchy Tuna, Avocado & Cucumber wrapped with Soy Paper, topped with Tuna, Salmon, Yellowtail, White Tuna & Jalapeno, served with Chef's Special Sauce</i>		<i>Salmon, Avocado inside, topped w. Fresh Tuna, Shitake Mushroom Salsa, Yuzu Dressing</i>	
Fantastic Roll	16		
<i>Tuna, Salmon, Yellowtail, Avocado, Masago, Cucumber & Scallion wrapped with Special Seaweed served with Chef's Special Sauce</i>			



TENGDA SPECIAL

General Tso's Chicken 🍗 15.95 <i>Crispy chicken, hot pepper, honey sauce</i>	Thai Red Snapper 🍷 20.95 <i>Pan roasted with fresh greens, mild Thai sweet chili sauce</i>
Sesame Chicken 15.95 <i>Crispy chicken, honey sesame sauce</i>	Roasted Chilean Sea Bass 27.95 <i>Grilled asparagus, sesame soba noodle & chunky miso sauce</i>
Szechuan Crispy Shredded Chicken or Beef 16.95/18.95	Duck Fajitas Asian Style 21.95 <i>Sauteed duck with bean sprout & mushroom. Served w. pancakes</i>
Spicy Mango Chicken or Prawn 15.95/17.95 <i>Mango, jicama, bell peppers, crispy vermicelli in mild Thai herb sauce</i>	Crispy Duck 25.00 <i>Roasted duck, baby bak choy</i>
Triple Delight 18.95 <i>Chicken, beef & shrimp, soy ginger sauce</i>	Pan Seared Tuna 🍷 24.00 <i>Sliced seared tuna w. cold sesame noodle. Green tea vinaigrette, spicy mayo and wasabi mayo sauce</i>
Tengda Curry 🍷 19.95 <i>Chicken, shrimp & scallop, mixed vegetable, spicy curry sauce</i>	Sambal Samba 🍷 21.95 <i>Marinated Chicken, Beef and Shrimp, Assorted Vegetable, Malaysia Spicy Shrimp Sambal sauce</i>
Wok Grilled Garlic Shrimp 🍷 18.95 <i>Garlic, baby bak choy & pineapple</i>	Tamarind Glazed Sesame Salmon 21.00 <i>Grilled sesame salmon filet, shiitake mushroom, vegetable tempura. Chef's Special Tamarind Sauce</i>
Szechuan Seafood 🍷 23.00 <i>Chilean sea bass, shrimp, scallop, salmon, mixed vegetable, spicy Szechuan sauce</i>	Pan Seared Scallop 21.00 <i>Tamarind Sauce or Home Style Malaysia Chili Sauce, Red and White Quinoa & Brown Rice</i>
Seafood Deluxe 21.95 <i>Shrimp, scallop, salmon and red snapper with Asian vegetable in miso soy ginger sauce</i>	Happy Four Season 21.00 <i>Chicken, Beef, Shrimp & Scallop in Soy Giner Sauce</i>
Tengda Seafood Curry Hot Pot 🍷 22.95 <i>Chilean sea bass, shrimp, scallop, salmon, Asian vegetables, mild coconut curry sauce</i>	

VEGETABLE Served w. White Rice or Brown Rice

Broccoli w. Soy Ginger Sauce	9.95
Veg. w. Black Bean Sauce	9.95
Veg. w. Soy Ginger Sauce	9.95
Eggplant or Long Bean w. Garlic Sauce 🍷	9.95
Dry Sauteed Long Bean	9.95
Wok Glazed Ginger Vegetable & Tofu 🍷	11.95
Long Bean, Eggplant, Tofu Sauteed w. Thai Herb Sauce	11.95

DIET MENU

Served w. Soy Ginger Sauce on the side, Choice of White or Brown Rice

Steamed Broccoli or Assorted Vegetable	9.95
Steamed Chicken w. Assorted Vegetable	12.95
Steamed Shrimp w. Assorted Vegetable	17.25
Steamed Chicken, Shrimp & Scallop w. Assorted Veg.	17.95

🍷 **HOT & SPICY**



KITCHEN ENTREE

Served w. White or Brown Rice

BROCCOLI SOY GINGER SAUCE W.

Chicken or Beef 14.95

Shrimp or Scallop 17.25

VEG. BLACK BEAN SAUCE W.

Chicken or Beef 14.95

Shrimp or Scallop 17.25

JAPANESE EGGPLANT

GARLIC SAUCE W. 🍷

Chicken or Beef 14.95

Shrimp or Scallop 17.25

SAMBAL SAUCE W. 🍷

Chicken or Beef 15.95

Shrimp or Scallop 17.95

WOK BASIL W. 🍷

Chicken or Beef 15.95

Shrimp or Scallop 17.95



MOO SHU (4 PANCAKES) W.

Chicken, Beef or Shrimp 14.95

WOK GLAZED GINGER W.

Chicken 15.95

Beef 16.95

Shrimp or Scallop 17.95

SZECHUAN SAUCE W. 🍷

Vegetable 11.95

Chicken or Beef 14.95

Shrimp or Scallop 17.95

THAI CURRY SAUCE W. 🍷

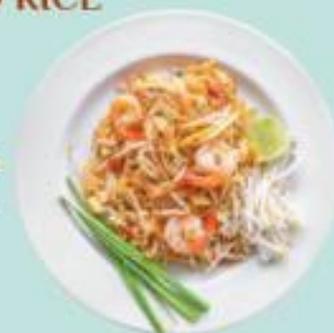
Vegetable & Tofu 11.95

Chicken or Beef 14.95

Shrimp or Scallop 17.95

NOODLE AND FRIED RICE

- Egg Noodle (Lo Mein)
- Pad Thai Noodle
- Wide Rice Noodle (Chow Fun)
- Angel Hair Rice Noodle (Mei Fun)
- Singapore Thin Rice Noodle 🍷 (Spicy Curry Flavor)
- Wok Fried Rice
- Fresh Pineapple Fried Rice



CHOICE OF		Vegetable	10
Chicken or Beef or Shrimp	12	House	15

JAPANESE NOODLE SOUP

Udon w. Chicken, Scallop & Shrimp Tempura 15

Udon w. Shrimp & Vegetable Tempura 13

Udon Curry Noodle Soup 🍷 16

Chicken, Beef, Shrimp and Vegetables, Curry Broth

TERIYAKI

Served w. Rice, Miso Soup or Ginger Salad

Chicken Teriyaki 17

Angus Beef Teriyaki 23

Salmon Teriyaki 19

Shrimp Teriyaki 19

Tofu & Veg. Teriyaki 14

TEMPURA

Served w. Rice, Miso Soup or Ginger Salad

Assorted Veg. Tempura 13

Chicken & Veg. Tempura 16

Shrimp & Veg. Tempura 18

